

PRICES VALID AUGUST 1ST TO 31ST, 2025  DELIVERY AVAILABLE

Coconut Water W/Pulp
- 24*500ML



JOJO - All Flavours
- 4*6*320ML



Ghost - All Flavours
- 12*473ML



Rubicon - All Flavours
- 1L



Original Cayenne Pepper
Sce - Frank's - 3.78L



Brown Gravy Mix - Knorr
- 6*408G



Basmati Rice - Kamal
- 40LB



Chick Peas 9MM
- 55LB



Urad Gota
- 55LB



Black Pepper Ground
- Maoli - 5LB



Coconut Milk - Aroy-D
- 24*400ML



Black / Green Olives -
San Marino - 16KG



#5 Brown Paper Bag
- 500/Cs



Junior Dispenser Napkin
- 9000/Cs



30*38 Strong Black
Garbage Bag - 200/Cs



36oz Kraft Paper Bowl-
1090mL - 200



36oz Kraft Paper Bowl LID-
168mm - 200



10x10x5 Cake Boxes
- 100/Cs



12oz Plastic Soup
Container - 240/Cs



38oz Plastic Combo
Container - 150/Cs



- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM
FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY

GROCERY PRODUCTS

Spring Rolls - RD
- 400PC



**SAVE
\$2.00**

reg. \$40.99

\$38.99

Aloo Tikki - Apna Taste
- 200PC

SAVE \$5.00



reg. \$95.99

\$90.99

Falafel Fritters - Bani
- 2KG



**SAVE
\$1.00**

reg. \$14.99

\$13.99

100% Bacon Crumble -
Big Red - 5KG



**SAVE
\$1.00**

reg. \$39.99

\$38.99

Poutine Sauce Mix -
Luda - 4.5KG

SAVE \$2.00



reg. \$32.99

\$30.99

Schezwan Sauce -
Ching's - 12*1L



**SAVE
\$5.00**

reg. \$86.99

\$81.99

Extra Virgin Olive Oil -
Saporito - 3L



**SAVE
\$3.00**

reg. \$45.99

\$42.99

Fine Sugar - Redpath
- 10*2KG

SAVE \$1.00



reg. \$35.99

\$34.99

Corn Starch - Ingredion
- 50LB



**SAVE
\$2.00**

reg. \$51.99

\$49.99

Appalam - Joy
- 100*100G



**SAVE
\$10.00**

reg. \$79.99

\$69.99

Pancake Syrup - Olde
Style - 120*42.5ML



**SAVE
\$1.50**

reg. \$33.49

\$31.99

Biryani Paste - Ashoka
- 2.5KG



**SAVE
\$7.00**

reg. \$14.99

\$7.99

Chow Mein Noodles -
Y&Y - 12*454G

SAVE \$1.50



reg. \$26.49

\$24.99

Parboiled Rice - Choice
- 20KG



**SAVE
\$1.00**

reg. \$38.99

\$37.99

Fried Onion - Hajvery
- 10*1KG



**SAVE
\$15.00**

reg. \$79.99

\$64.99

Kasuri Methi - Desi
- 750G



**SAVE
\$2.00**

reg. \$14.49

\$12.49

- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM

FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY

Sauce Craft

SAVE \$1.00

Ketchup
- 4*4L



reg. \$46.99

\$45.99

Tartar Sauce
- 504*11ML



reg. \$34.99

\$33.99

Daniel's

SAVE \$1.00

Hot Pepper
Rings
- 4*3.78L



reg. \$41.99

\$40.99

Jalapeno
- 4*3.78L



reg. \$41.99

\$40.99

Swad

Mango Pulp - 3.1KG



**SAVE
\$1.00**

reg. \$13.99

\$12.99

Mango Pulp
- 24*850G



**SAVE
\$2.00**

reg. \$82.99

\$80.99

Hellmann's

Blue Cheese
- 3.78L



**SAVE
\$1.00**

reg. \$30.99

\$29.99

Ancho Chipotle -
3.78L



**SAVE
\$2.00**

reg. \$27.99

\$25.99

Kasuku

Lemon Pepper
- 5LB

**SAVE
\$1.00**

reg. \$20.49

\$19.49

Cardamom
- 325G



\$26.99

Seasoning Salt
- 5LB



\$10.99

Parsley Flakes
- 145G



\$5.59

Laxmi

Idli Rice
- 20LB

**SAVE
\$1.00**

reg. \$22.99

\$21.99

Basmati Rice Ex-
Long - 40LB

**SAVE
\$2.00**

reg. \$48.99

\$46.99

Below Zero

SAVE \$2.00

Green Beans
Cut - 6*2KG



reg. \$38.99

\$36.99



Corn
- 6*2KG

reg. \$37.99

\$35.99

Wing's

SAVE \$2.00

Plum Sauce
- 4*4L



reg. \$62.99

\$60.99

Soy Sauce
- 4*4L

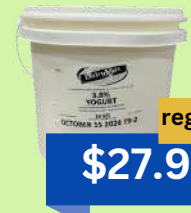


reg. \$52.99

\$50.99

Dairy Max

3.8% Yogurt
- 10KG



**SAVE
\$2.00**

reg. \$29.99

\$27.99

Malai Paneer

SAVE \$1.00



reg. \$21.99

\$20.99

- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM

FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY

CLEANING PRODUCTS

Convenience Roll - Large
- 2/ Rolls



**SAVE
\$2.00**

reg. \$19.99

\$17.99

1 Ply Dinner Napkin
- 12*250



**SAVE
\$2.00**

reg. \$34.99

\$32.99

10oz Clear Cup
- 1000/Cs



**SAVE
\$2.50**

reg. \$49.99

\$47.49

7-10oz Flat Lid for
Clear Cup - 1000/Cs



**SAVE
\$1.00**

reg. \$26.99

\$25.99

6 COM Bagasse Plate
- 250/Cs



**SAVE
\$3.00**

reg. \$52.99

\$49.99

T-38 38OZ White Combo
Container - 150/CS

SAVE \$1.00



reg. \$33.99

\$32.99

12oz Plastic Soup
Container - 240/Cs

SAVE \$1.50



reg. \$29.49

\$27.99

4oz Paper Soup Cup
- 1000/Cs



**SAVE
\$2.50**

reg. \$31.99

\$29.49

Lid for 4oz Paper Soup
Cup - 1000/Cs



**SAVE
\$1.00**

reg. \$26.99

\$25.99

Jumbo Toilet Tissues
- 8/Rolls



**SAVE
\$1.00**

reg. 15.99

\$14.99

48oz Plastic Bowl
Combo - 150/Cs



**SAVE
\$1.50**

reg. \$36.99

\$35.49

Ambiance Firewood
- Bag



SAVE \$0.49

reg. \$8.49

\$8.00

Moist Towelettes
- 1000/Cs

SAVE \$1.00

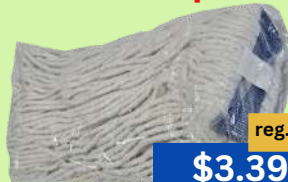


reg. \$14.99

\$13.99

24oz Mop Head
- Each

SAVE \$0.61



reg. \$4.00

\$3.39

Mop Bucket - Down
Press - 33L



**SAVE
\$10.00**

reg. \$69.99

\$59.99

26'x36' Dome Mat
- Each

SAVE \$2.00



reg. \$22.99

\$20.99

Air Freshner - Rose
- 4L



**SAVE
\$1.00**

reg. \$13.99

\$12.99

Dish Washing Lequid
- Citrus - 4x4L



**SAVE
\$3.00**

reg. \$31.99

\$28.99

Oven Buddy Cleaner
- 4L



**SAVE
\$1.00**

reg. \$12.99

\$11.99

Floor Cleaner -
Mr.Clean - 5L



**SAVE
\$1.00**

reg. \$12.99

\$11.99

- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM

FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY