



Cash & Carry

TEL: 905-743-1002

E-MAIL: ORDERS@TMCASHANDCARRY.COM

725 BLOOR ST W, OSHAWA, ON L1J 5Y6

PRICES VALID MARCH 1ST TO 31ST 2026  DELIVERY AVAILABLE

Extra Strength Liqui Gels - Advil - 12CT



SAVE \$1.00

reg. \$6.99

\$5.99

Extra Strength Caplets 500mg - Tylenol- 24CT



SAVE \$0.50

reg. \$4.79

\$4.29

MR.GOUDAS Parboiled Rice US - 20KG



SAVE \$3.00

reg. \$35.99

\$32.99

Condensed Milk - 24*300ML



SAVE \$4.00

reg. \$78.99

\$74.99

Golden Basmati Rice - Saleem Caravan - 40LB



SAVE \$2.00

reg. \$53.99

\$51.99

Durum Atta - Sher - 20LB



SAVE \$1.00

reg. \$17.49

\$16.49

Chick Peas 9MM - 55LB



SAVE \$5.00

reg. \$45.99

\$40.99

Urad Gota - 55LB



SAVE \$2.00

reg. \$69.99

\$67.99

All Flavours - Faygo - 24*710ML



SAVE \$8.00

reg. \$23.99

\$15.99

Zero St & Cream / Crm Soda -Pepsi - 24*355ML



SAVE \$2.00

reg. \$26.99

\$24.99

All Flavours - Monster - 12*473ML



SAVE \$1.00

reg. \$24.99

\$23.99

Aloe Drink - A+ Hosan - 20*500ML



SAVE \$2.00

reg. \$36.99

\$34.99

#5 Kraft Paper Bag - 500CT



SAVE \$2.00

reg. \$15.99

\$13.99

12" Pizza Boxes - 50CT



SAVE \$2.00

reg. \$21.99

\$19.99

PPP - 9" Pizza Plate - 1200CT



SAVE \$2.00

reg. \$32.99

\$30.99

T25 - 25oz Rect Combo Container - 150CT



SAVE \$2.00

reg. \$27.99

\$25.99

- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM
FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY

GROCERY PRODUCTS

Lemon Juice - Realemon - 12*945ML



SAVE \$3.00

reg. \$37.99

\$34.99

Chick Peas - Chef's Choice - 6*2.84L



SAVE \$2.00

reg. \$32.99

\$30.99

Chow Mein Noodles - Y&Y - 12*454G



SAVE \$2.00

reg. \$26.49

\$24.49

Sundried Tomato In Oil - Valli - 3L



SAVE \$2.00

reg. \$29.49

\$27.49

Kasuri Methi - Desi - 750G



SAVE \$3.00

reg. \$14.49

\$11.49

Black Pepper Ground - Desi - 5LB



SAVE \$3.00

reg. \$38.99

\$35.99

Pure Honey - Nutro Gustro - 1KG



SAVE \$2.00

reg. \$14.99

\$12.99

Mild / Hot Pepper Sauce - Esma - 4L



SAVE \$1.00

reg. \$30.99

\$29.99

Mango / Lime / Mixed Pickles - Swad - 4.4KG

SAVE \$1.00



reg. \$14.99

\$13.99

Instant Poutine GF - Luda - 6*390G

SAVE \$3.00



reg. \$39.99

\$36.99

Mustard Oil - Laxmi - 5L

SAVE \$1.00



reg. \$22.99

\$21.99

Mayonnaise - Hellmann's - 4L

SAVE \$1.00



reg. \$25.99

\$24.99

Jerk Seasoning Hot - Walker's Wood - 4.2KG

SAVE \$2.00



reg. \$47.99

\$45.99

Sweet Chili Sauce For Chicken - Cock - 4.5L

SAVE \$2.50



reg. \$22.49

\$19.99

Chunk Light Tuna - Valli - 1.8KG

SAVE \$2.50



reg. \$18.49

\$15.99

Pineapple Pizza Cut - Freshe - 6*2.84L

SAVE \$2.00



reg. \$52.99

\$50.99

- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM

FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY

Saporito

Yellow Margarine - 13KG



SAVE \$6.00

reg. \$43.99

\$37.99

Canola / Veg Oil - 3L



SAVE \$1.50

reg. \$9.99

\$8.49

Extra Virgin Olive Oil - 3L



SAVE \$3.00

reg. \$45.99

\$42.99

Ching's

Red / Green Chili Sauce - 24*620ML



SAVE \$3.00

reg. \$55.99

\$52.99

Schezwan Chutney - 12*1L



SAVE \$15.00

reg. \$86.99

\$71.99

Hakka Noodles - 15*560G



SAVE \$2.00

reg. \$54.99

\$52.99

Richardson

Ultimate Korean Bbq - 4L



SAVE \$3.00

reg. \$32.99

\$29.99

Garlic Peppercorn Ranch - 4L



SAVE \$4.00

reg. \$30.99

\$26.99

MDH

Deggi Mirch - 24*500G



SAVE \$30.00

reg. \$244.99

\$214.99

Kitchen King - 24*500G



SAVE \$10.00

reg. \$180.99

\$170.99

Choice

Black / Green Sliced Olives - 6*2.84L



reg. \$54.99

\$53.99

Hot Banana Pepper Rings - 4*3.78L

SAVE \$2.00



reg. \$26.99

\$24.99

Valley Fresh / CASTLE

Shred Pizza Topping - 2KG

SAVE \$2.00



reg. \$19.99

\$17.99

Pizza Mozzarella - 2KG

SAVE \$2.00



reg. \$21.99

\$19.99

Apna Taste

Gulab Jamun - 200PC

SAVE \$5.00



reg. \$60.99

\$55.99

Kesar/Pista Rasmalai - 20PC

SAVE \$1.00



reg. \$9.99

\$8.99

Below Zero

Whole Strawberries 5*1KG

SAVE \$1.50



reg. \$24.99

\$23.49

Cut Green Beans - 6*2KG

SAVE \$3.00



reg. \$38.99

\$35.99

- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM

FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY

TAKEOUT & CLEANING PRODUCTS

RC48 - 9" Round Combo Container - 150CT



SAVE \$2.00

reg. \$45.99

\$43.99

EP28- 9x6 Plastic Clamshell Cont - 150CT



SAVE \$1.50

reg. \$24.99

\$23.49

S8 - 8oz Deli Container - 240CT



SAVE \$1.50

reg. \$27.99

\$26.49

14x14 Insulated Foil Sheet - 1000CT



SAVE \$1.50

reg. \$36.99

\$35.49

TM - 8oz Coffee Cup - 1000CT



SAVE \$2.00

reg. \$39.99

\$37.99

TM - 8oz Flat Lid for C/Cup- 1000CT



SAVE \$1.00

reg. \$32.99

\$31.99

PPP - #8 Kraft Food Container - 300CT



SAVE \$2.50

reg. \$49.99

\$47.49

PPP - 18" Catering Platter Tray - 25CT



SAVE \$2.00

reg. 42.99

\$40.99

PPP - Dome LID for 18" Platter - 25CT



SAVE \$2.00

reg. 32.99

\$30.99

9x9 3Com Bagasse Clamshell - 150CT



SAVE \$3.00

reg. 36.99

\$33.99

SLPP - 2oz Portion Cup 2500CT



SAVE \$3.00

reg. \$33.99

\$30.99

SLPP - 2oz Portion Cup LID - 2500CT



SAVE \$3.00

reg. \$31.99

\$28.99

35x47 EX BLACK Garbage Bag - 100CT



SAVE \$2.00

reg. \$17.99

\$15.99

10" Round Paper Plate - 500CT



SAVE \$2.00

reg. \$47.99

\$45.99

800x6 Brown Paper Roll - 6CT



SAVE \$2.00

reg. \$29.99

\$27.99

Machine Wash RED - 20L



SAVE \$2.00

reg. \$39.99

\$37.99

TM-20oz Mop Head - Ea



SAVE \$0.50

reg. \$3.49

\$2.99

3 IN 1 Oven Cleaner - 4L



SAVE \$1.50

reg. \$15.99

\$14.49

Green Dishwashing Liquid - 4x4L



SAVE \$2.00

reg. \$31.99

\$29.99

Air Freshner ROSE - 4L



SAVE \$1.00

reg. \$13.99

\$12.99

- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM
FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY