

PRICES VALID JUNE 1ST TO 30TH, 2025  DELIVERY AVAILABLE

All Flavours - Stewarts
- 4*6*355ML



Extra Strength - 5HR
- 12*57ML



Ocho Rios - All
Flavours - 12*473ML



Coconut Water W/Pulp -
Grace - 24*500ML



Mayonnaise - Modesto
- 15L



Ketchup Portion - Sauce
Craft - 504*8ML



Extra Long Basmati Rice
- Kamal - 40LB



Parboiled Rice USA - Mr
Goudas - 40LB



Shan - Masala's - 35g, 50g,
60g, 100g



Butter Chicken Sauce -
Patak's - 2.2L



Jerk Seasoning Hot -
Grace - 4.08kg



Bacon Foodservice -
Big Red - 11lb



Lemon Juice -
Realemon - 12*945ml



Appalam - Joy - 100*100g



Chow Mein Noodles - Y&Y
- 12*454G



12oz Paper Soup Bowl
- 500 / Cs



12-32oz Paper Soup Bowl
LID - 500 / Cs



48oz Plastic Bowl
Combo - 150/ CS



#3 Brown Paper Bag
- 500/ Cs



1Ply Dinner Napkin
- 3000 / Cs



- OPEN 7 DAYS
- MON-FRI 7:00-7:00
- SAT-SUN 9:00-5:00
- DELIVERY AVAILABLE



WWW.TMCASHANDCARRY.COM
FREE MEMBERSHIP CARD AVAILABLE

PHOTOGRAPHS OF PRODUCTS ARE FOR ILLUSTRATION PURPOSE ONLY. ITEMS MAY NOT BE EXACTLY SHOWN. PRICES IN EFFECT WHILE SUPPLIES LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. ALL PRICES ARE IN-STORE PRICES ONLY

GROCERY PRODUCTS

Cedar / Valli
Chunk Light Tuna - 1.88KG



SAVE \$2.00

reg. \$18.49

\$16.49

Knorr
Dijon Mustard Prepared - 5.8KG



SAVE \$2.00

reg. \$53.99

\$51.99

Ching's
Schzewan Chutney - 12*1L



SAVE \$5.00

reg. \$86.99

\$81.99

Hajvery
Fried Onion - 10*1KG



SAVE \$15.00

reg. \$79.99

\$64.99

Kasuri Methi - 750G



SAVE \$1.00

reg. \$14.49

\$13.49

Desi
MSG - 5LB



SAVE \$1.00

reg. \$16.99

\$15.99

Citric Acid - 5LB



SAVE \$2.00

reg. \$20.99

\$18.99

Tooba
Garlic Paste / Ginger Garlic Paste - 2.5kg



SAVE \$2.00

reg. \$14.99

\$12.99

Swad
Vindaloo - 4.4KG



SAVE \$2.00

reg. \$20.99

\$18.99

Luda
Poutine Sauce Mix - 4.5KG



SAVE \$2.00

reg. \$32.99

\$30.99

Grace
Ackee - 540G



SAVE \$0.50

reg. \$8.99

\$8.49

Gota
Urad - 55LB



SAVE \$5.00

reg. \$89.99

\$84.99

Capri
Canola / Vegetable Oil Pail - 16L



SAVE \$5.00

reg. \$43.99

\$38.99

Saporito
Extra Virjin Olive Oil - 3L



SAVE \$3.00

reg. \$45.99

\$42.99

Red Dragon
Veg Spring Roll - 400PC



SAVE \$2.00

reg. \$40.99

\$38.99

Cock
Sweet Chili Sauce For Chicken - 3.5L



SAVE \$1.50

reg. \$22.49

\$20.99

Lee Kum Kee
Soya Sauce - 8L



SAVE \$3.00

reg. \$24.99

\$21.99

Heinz
Hot Sauce - 3.78L



SAVE \$1.00

reg. \$24.49

\$23.49

E.D Smith
Alfredo Sauce - 3.78L



SAVE \$2.00

reg. \$52.99

\$50.99

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Anjali

Desi Ghee - 10KG



**SAVE
\$12.00**

reg. \$167.99

\$155.99

Basic American Foods

Mashed Potatoes - 2.41KG



**SAVE
\$2.00**

reg. \$22.99

\$20.99

Champmar

White Shrimp Headless 21/25
- 4LB



**SAVE
\$2.00**

reg. \$24.99

\$22.99

Below Zero

Avocado Chunks - 4*2.5KG



**SAVE
\$2.00**

reg. \$71.99

\$69.99

Kissan

Tandoori Masala - 665G



**SAVE
\$1.00**

reg. \$20.99

\$19.99

Dairy Max

Yogurt 3.8% - 10kg



**SAVE
\$2.00**

reg. \$29.99

\$27.99

Strawberry Whole - 5*1KG



**SAVE
\$1.00**

reg. \$24.99

\$23.99

Desi Ghee - 1.6KG



**SAVE
\$1.00**

reg. \$30.99

\$29.99

Apna - Gulab Jamun
- 200PC



**SAVE
\$2.00**

reg. \$60.99

\$58.99

Select

Beef Gravy - 6*100oz



**SAVE
\$3.00**

reg. \$93.99

\$90.99

Castle

Poutine Topping - 2KG



**SAVE
\$1.00**

reg. \$20.99

\$19.99

Chapman's

Markdale Ice-Cream - 11.4L



**SAVE
\$2.00**

reg. \$27.99

\$25.99

Beef Gravy - 1.36L



**SAVE
\$0.50**

reg. \$7.99

\$7.49

Shredded Mexi Blend - 2KG



**SAVE
\$2.00**

reg. \$19.99

\$17.99

Premium Ice-Cream - 11.4L



**SAVE
\$1.00**

reg. \$35.99

\$34.99

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CLEANING PRODUCTS

12" Pizza Boxes
- 50/Pk



**SAVE
\$2.00**

reg. \$21.99

\$19.99

7" Black Combo
Container-ML
- 150/Cs



**SAVE
\$2.00**

reg. \$43.99

\$41.99

MD- Fork, Spoon, Knife
- 1000/Cs

SAVE \$1.00



reg. \$11.99

\$10.99

18" Aluminum Foil
Sheet - Each

SAVE \$1.00



reg. \$17.99

\$16.99

9x6 Plastic Clamshell
Container - 200/Cs



**SAVE
\$2**

reg. \$26.99

\$24.99

9 x 9 3 Com Bagasse
Container - 150/ Cs

SAVE \$5



reg. \$34.99

\$29.99

10" Paper Plate
- 500/Cs

SAVE \$2



reg. \$47.99

\$45.99

3lb Fonda Tray
- 500/Cs

SAVE \$1.50



reg. \$35.99

\$34.49

#1 Kraft Paper Box
- 450 / Cs



**SAVE
\$2**

reg. \$54.99

\$52.99

12X12 Checkered Sheet
- BLACK - 1000 / Cs



**SAVE
\$1**

reg. \$22.99

\$21.99

Moist Towelettes -
1000/Cs

SAVE \$1



reg. \$14.99

\$13.99

2 Ply Bathroom
Tissue Rolls - 20/Pk

SAVE \$1



reg. \$16.99

\$15.99

12*300 Kraft Paper
Towel - 12/Rolls

SAVE \$1.00



reg. \$23.99

\$22.99

Mop Bucket - Down
Press - 33L



**SAVE
\$10**

reg. \$69.99

\$59.99

TM-24oz Mop Head
- 4L

**SAVE
\$0.50**



reg. \$3.99

\$3.49

Machine Wash -
RED - 20L

**SAVE
\$2**



reg. \$34.99

\$32.99

Air Freshner - Rose
- 4L



**SAVE
\$1**

reg. \$13.99

\$12.99

35x47 EX-S Garbage
Bag - BLACK - 100/Cs

SAVE \$1.50



reg. \$17.99

\$16.49

Xtreme Power - Oven &
Grill Cleaner - 4L

**SAVE
\$2**



reg. \$27.99

\$25.99

Convenience Roll -
Large - 2/ Rolls

**SAVE
\$2**



reg. \$19.99

\$17.99

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